

FREE VIRTUAL TRAINING

Breaking the Stigma

**Culturally Responsive Approaches to Mental
Health in Hispanic and Latinx Communities**



DATE

Thursday,
Oct. 8, 2026



TIME

9:00 AM –
10:30 AM MT



IN ALIGNMENT WITH

**World Mental
Health Day**
October 10

ABOUT THIS TRAINING

Explore cultural concepts of distress and values unique to Hispanic and Latinx communities, the relevance of cultural idioms of distress in mental health treatment, and culturally appropriate approaches to working with Latinx/Hispanic clients while applying an ethical lens in rural practice.

Earn 1.5 Continuing Education Credits (CE)

FOR MORE INFORMATION, PLEASE CONTACT :

Dr. Susie Villalobos – NLBHA Senior Director
susiev@nlbha.org



Register Here

MEET THE TRAINER



Enrique López-Escalera, JCL, STL, LMSW

SENIOR PROJECT COORDINATOR

Born in El Paso and raised in Cd. Juarez, Enrique deeply identifies with the Borderlands and is fully bilingual and bi-cultural. He has post-graduate degrees in Social Work, Canon Law, and Theology, with a minor in Philosophy, and 25+ years of direct service experience in southern New Mexico. His work includes life coaching, pastoral service, spiritual counseling, mentoring, and mental and behavioral health. As a master trainer, he brings professionalism, warmth, and simplicity to complex topics, with a passion for serving vulnerable communities.

NAADAC CE Disclaimer: CE requirements and acceptance of NAADAC credits vary by state, licensing/certification board, and professional credential (e.g., promotores, prevention specialists, licensed professionals). Participants are responsible for confirming with their applicable state or credentialing board that MHAT training credits meet their specific CE requirements.

NLBHA has approved these courses as a NAADAC Approved Education Provider, NAADAC Provider #185072.

NLBHA is responsible for all aspects of its programming.