

FREE VIRTUAL TRAINING

ACEs & Community Resilience

Understanding Trauma and Toxic Stress



DATE



Tuesday,
Oct. 27, 2026

TIME



9:00 AM –
10:30 AM MT



FALL FOCUS

**Prevention
& Resilience**

Turning Awareness into Action

ABOUT THIS TRAINING

Discover how Adverse Childhood Experiences (ACEs) shape brain development, stress responses, and long-term health. This engaging training explores the impact of trauma on individuals and communities while highlighting practical strategies to strengthen resilience, promote healing, and support the well-being of both community members and crisis responders.

Earn 1.5 Continuing Education Credits (CE)

FOR MORE INFORMATION, PLEASE CONTACT :

Dr. Susie Villalobos – NLBHA Senior Director

susiev@nlbha.org



Register Here

MEET THE TRAINER



LUCILA BEATON

LISW-CP/S, LCSW, LCSWC

Lucila Beaton, LISW-CP, holds a Master of Social Work from Yeshiva University and is a licensed clinical social worker specializing in trauma-focused cognitive behavioral therapy. She is a certified Mental Health First Aid instructor and LivingWorks trainer, providing suicide prevention training through ASIST and safeTALK. She also facilitates Triple P parent trainings and Fearless training in English and Spanish. As a bilingual and bicultural Afro-Latina, she brings a unique cultural perspective to her work, shaped by her early experiences as an ESOL student in Brooklyn, New York.

NAADAC CE Disclaimer: CE requirements and acceptance of NAADAC credits vary by state, licensing/certification board, and professional credential (e.g., promotores, prevention specialists, licensed professionals). Participants are responsible for confirming with their applicable state or credentialing board that MHAT training credits meet their specific CE requirements.

NLBHA has approved these courses as a NAADAC Approved Education Provider, NAADAC Provider #185072.

NLBHA is responsible for all aspects of its programming.