

Talk Saves Lives®

Free English Virtual Training

This 90-minute suicide prevention training addresses mental health, suicide risk, and prevention strategies through a culturally responsive lens focused on Latinx and Hispanic communities. Participants will gain an understanding of the scope of suicide nationally and within Hispanic populations, common risk and protective factors, warning signs, and how to have supportive conversations with individuals who may be struggling. The session explores cultural strengths, community connectedness, family dynamics, stigma, and barriers to care that influence help-seeking behaviors. Participants will leave with practical tools to recognize risk, respond with confidence, and connect individuals to appropriate resources. This training is designed for professionals, community leaders, promotores, educators, healthcare providers, and anyone serving Latinx and Hispanic communities.



ABOUT THE PRESENTER

Enrique López-Escalera, JCL, STL, LMSW

Enrique was born in El Paso, Texas and raised in Ciudad Juárez, Mexico. Since the age of nine he has resided in New Mexico, except for a few years living abroad pursuing higher education. He deeply identifies with the Borderlands. He is fully bilingual and bi-cultural. Enrique is a life coach (certified by Transformation Academy). He has post-graduate degrees in Social Work, Canon Law, and Theology as well as a minor in philosophy.

He has 25+ years of experience of serving people directly in southern New Mexico. His range of experience includes spiritual counseling and mentoring in mental and behavioral health. His delivery method is characterized by professionalism, warmth, and simplicity – communicating important concepts in easy-to-understand terms.

Friday, May 1, 2026
9 AM - 10:30 AM MST
(1.5 CEUs)

[Click Here to Register](#)

To register, click the link or scan the QR Code:



For more information, please contact :
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National Latino Behavioral Health Association **NLBHA**

