

Introduction to Trauma-Informed Care: Foundations for Practice

Free English Virtual Training

This 90-minute introductory session provides a foundational overview of Trauma-Informed Care (TIC) and its role in improving patient and organizational outcomes. Participants will explore the six core principles of Trauma-Informed Care as outlined by the Centers for Disease Control (CDC), including safety, trust, connection, collaboration, empowerment, and cultural responsiveness. The training will examine how trauma impacts behavior, engagement, and health outcomes, and introduce practical strategies to improve provider-patient relationships while minimizing distress and promoting autonomy. Participants will gain tools to begin assessing services through a trauma-informed lens and understand what it means to build a trauma-informed organization.



ABOUT THE PRESENTER

Lucila Beaton, LISW-CP/S, LCSW, LCSWC

Lucila Beaton, LISW-CP, graduated with an MSW degree from Yeshiva University. She is an independent licensed clinical social worker specializing as a trauma-focused cognitive behavioral therapist. She is also a certified mental health first aid instructor for the National Council on Behavioral Health and a Living Works trainer who provides suicide prevention and intervention training such as ASIST and Safe Talk.

She also offers Triple P parent trainings for levels 2, 3, 4, and 5 and Fearless training in English and Spanish. She is bilingual and bicultural and embraces the intersectionality of being Afro-Latina and all that it entails. She never forgets that she began her career as an ESOL student in the Brooklyn, New York, public school system.

Friday, March 27, 2026

9 AM - 10:30 AM MST

1.5 CEUs

Click Here to Register

To register, click the link or scan the QR Code:



For more information, please contact :
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