

Breaking the Stigma A Review of Barriers and Culturally Grounded Approaches for Serving Hispanic/Latinx Populations

Free English Virtual Training

In this training, we explore cultural concepts of distress and values unique to Hispanic and Latinx communities, discuss the pertinence of cultural idioms of distress in mental health treatment, and review culturally appropriate approaches to working with Latinx/Hispanic clients while applying an ethical lens in rural practice. Offered in English and Spanish. Free CEU's. This training is 90 minutes.



ABOUT THE PRESENTER

Lucila Beaton, LISW-CP/S, LCSW, LCSWC

Lucila Beaton, LISW-CP, graduated with an MSW degree from Yeshiva University. She is an independent licensed clinical social worker specializing as a trauma-focused cognitive behavioral therapist. She is also a certified mental health first aid instructor for the National Council on Behavioral Health and a Living Works trainer who provides suicide prevention and intervention training such as ASIST and Safe Talk.

She also offers Triple P parent trainings for levels 2, 3, 4, and 5 and Fearless training in English and Spanish. She is bilingual and bicultural and embraces the intersectionality of being Afro-Latina and all that it entails. She never forgets that she began her career as an ESOL student in the Brooklyn, New York, public school system.

Tuesday, March 17, 2026

9 AM - 10:30 AM MST

1.5 CEUs

Click Here to Register

To register, click the link or scan the QR Code:



For more information, please contact :
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