

Talk Saves Lives®

Free English Virtual Training

Talk Saves Lives® is the **American Foundation for Suicide Prevention's (AFSP)** signature education program that provides participants with a clear, actionable introduction to suicide prevention. This training covers the most up-to-date research on suicide, explains risk factors and warning signs, and offers practical guidance on how to start supportive conversations, promote safety, and connect individuals to appropriate resources. Participants will learn how to recognize when someone may be in emotional distress, how to respond with empathy and confidence, and how to play a meaningful role in preventing suicide in their families, workplaces, and communities. Designed for all audiences, **Talk Saves Lives®** equips attendees with knowledge and tools that can truly help save lives.



ABOUT THE PRESENTER

Enrique López-Escalera, JCL, STL, LMSW

Enrique was born in El Paso, Texas and raised in Ciudad Juárez, Mexico. Since the age of nine he has resided in New Mexico, except for a few years living abroad pursuing higher education. He deeply identifies with the Borderlands. He is fully bilingual and bi-cultural. Enrique is a life coach (certified by Transformation Academy). He has post-graduate degrees in Social Work, Canon Law, and Theology as well as a minor in philosophy.

He has 25+ years of experience of serving people directly in southern New Mexico. His range of experience includes spiritual counseling and mentoring in mental and behavioral health. His delivery method is characterized by professionalism, warmth, and simplicity – communicating important concepts in easy-to-understand terms.

Thursday, February 12, 2026

10 AM - 11:30 AM MST

(1.5 CEUs)

Click Here to Register

To register, click the link or scan the QR Code:



For more information, please contact :
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National Latino Behavioral Health Association **NLBHA**