

April Newsletter

Serving the State of New Mexico & El Paso

The National Latino Behavioral Health Association (NLBHA) Mental Health Awareness Training (MHAT) program is sponsored by the Substance Abuse and Mental Health Services Administration (SAMHSA). This program plays a crucial role in promoting mental health education, reducing stigma, and connecting individuals to vital resources within the Paso del Norte region and throughout the state of NM.

April is Paralyzed Veteran Awareness Month!

Paralyzed Veterans Awareness Month highlights the challenges facing veterans with spinal cord injury/disease. It spotlights the work of paralyzed Veterans to empower wounded heroes and their families with everything they need to thrive. MHAT takes additional time during the month of April to honor the the resilience of Hispanic service members of New Mexico who have been paralyzed in the line of duty.

April Upcoming Trainings

April 4, 2024 Trauma Informed Care- pt 3 (English)

Using Trauma Informed Care to Improve Patient and Self Care

9am-11:00am

Registration: https://bit.ly/TIC_Apr_4_2024

April 18, 2024 Trauma Informed Care-pt 1 (English)

Introduction to Trauma- Awareness from Provider to Organization

9am-11:00am

Registration: https://bit.ly/TIC_Apr_18_2024

April 22, 2024 Talk Saves Lives (English)

1pm-3pm

Registration: <https://bit.ly/4-22-2024>

April 23, 2024 Verbal Intervention (Spanish)

9am-1pm

Virtual

Registration Link: <https://bit.ly/3SiMw2H>

April 29, 2024 Seeking Safety (Spanish)

9am-4pm

Virtual

Registration: https://bit.ly/Apr_29_SS

May Upcoming Trainings

May 2, 2024 Trauma Informed Care-TIC pt 2

Impact of Trauma- The Intersection of Racism and Mental Health

9am-11:00am

Registration: <https://bit.ly/4bjhLDe>

May 9, 2024 TIC-Part 1 (Spanish)

9am-11:00am

Registration: TBA

May 16, 2024 Trauma Informed Care- pt 3

Using Trauma Informed Care to Improve Patient and Self Care

9am-11:00am

Registration: <https://bit.ly/42fkEkk>

May 30, 2024 TIC part 2 (Spanish)

9am-11:00am

Registration: TBA

All courses have been approved by NLBHA as a NAADAC Approved Education Provider (NAADAC Provider #185072), by the NM DOH OCHW and NM CBBHP. NLBHA is responsible for all aspects of its programming

The goals of MHAT are to:

Reduce stigma for seeking and needing help

Promote mental health education

Connect people to resources

Resources

Behavioral Resource links El Paso/Dona Ana counties

Dona Ana Mental Health Resources

City of El Paso Mental Health Resources | El Paso Strong (epstrong.org)

County Veteran Services Directory.pdf (epcounty.com)

El Paso Community Resource List 4-2020 (yisd.net)

Mental Health Facilities in El Paso County, TX
Essential Community Services/Servicios Comunitarios



National Latino Behavioral Health Association NLBHA

The 2024 National Latino Behavioral Health Conference Registration Now Available!!!

This incredible event will take place on August 23rd and 24th, 2024 in the heart of San Antonio, Texas at the beautiful Hyatt Regency on the famous Riverwalk.

- Plenary sessions with nationally recognized keynotes on both days
- More than 40 workshops in English and Spanish
- Continuing education opportunities
- Information tables full of information on Latino Behavioral Health resources

<https://nlbha.org/2024conference/>